

October Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">29</p> <p>Chicken Tenders with Whole Grain Dinner Roll</p> <p>Veggie Nuggets with Whole Grain Dinner Roll</p> <p>Carrot Sticks Celery Sticks Garden Salad Fresh Fruit Canned Fruit</p>	<p style="text-align: right;">30</p> <p>Local Miller's Beef Hot Dog on Whole Grain Bun</p> <p>Hand Rolled Bean & Cheese Burrito</p> <p>Baked (Vegetarian) Beans Salsa or Pico de Gallo Cucumbers Caesar Salad Fresh Fruit Canned Fruit</p>	<p style="text-align: right;">1</p> <p>Coconut Chickpea Curry with Steamed Rice</p> <p>Turkey Taco Nada</p> <p>Garden Salad Celery Sticks Jicama Fresh Fruit Canned Fruit</p>	<p style="text-align: right;">2</p> <p>Grilled Chicken Sandwich on a Bun</p> <p>Yogurt Parfait with freshly made Granola & String Cheese</p> <p>Carrot Sticks Sliced Tomatoes Lettuce Leaves Garden Salad Fresh Fruit Canned Fruit</p>	<p style="text-align: right;">3</p> <p>Dominos Cheese Pizza</p> <p>Freshly Made Turkey & Cheese Sub Sandwich</p> <p>Caesar Salad Corn Carrot Sticks Fresh Fruit Canned Fruit</p>
<p style="text-align: right;">6</p> <p>No School!</p> 	<p style="text-align: right;">7</p> <p>No School!</p> 	<p style="text-align: right;">8</p> <p>No School!</p> 	<p style="text-align: right;">9</p> <p>No School!</p> 	<p style="text-align: right;">10</p> <p>No School!</p> 
<p style="text-align: right;">13</p> <p>Breaded Chicken Drumstick with a Waffle</p> <p>Cheesy Breadsticks with Marinara Sauce</p> <p>Carrot Sticks Celery Sticks Garden Salad Fresh Fruit Canned Fruit</p>	<p style="text-align: right;">14</p> <p>Chicken Pesto Pasta with Offer Whole Grain Dinner Roll</p> <p>Bean and Cheese Burrito</p> <p>Pinto Beans Salsa or Pico de Gallo Caesar Salad Fresh Fruit Canned Fruit</p>	<p style="text-align: right;">15</p> <p>Hamburger</p> <p>Griller's Prime Veggie Burger</p> <p>French Fries Carrot Sticks Sliced Tomatoes Lettuce Leaves Fresh Fruit Canned Fruit</p>	<p style="text-align: right;">16</p> <p>Chicken Egg Roll with Fried Rice</p> <p>Vegetable Egg Roll - Fried Rice offered w/ Edamame</p> <p>Garden Salad Broccoli Celery Sticks Fresh Fruit Canned Fruit</p>	<p style="text-align: right;">17</p> <p>Turkey Pepperoni Pizza</p> <p>Yogurt Parfait with freshly made Granola & String Cheese</p> <p>Caesar Salad Corn Carrot Sticks Fresh Fruit Canned Fruit</p>

20 Green Chili & Cheese Tamale Chicken Nuggets with a Biscuit Carrot Sticks Celery Sticks Garden Salad Fresh Fruit Canned Fruit	21 Chicken Meatball Sub Sandwich Fresh Hummus with Pita Broccoli Caesar Salad Fresh Fruit Canned Fruit	22 Spaghetti with Beef Meat Sauce & WG Dinner Roll Spaghetti with Marinara, Shredded Mozzarella Cheese, & Dinner Roll Garden Salad Celery Sticks Jicama Fresh Fruit Canned Fruit	23 Butter Chicken with Rice Bean and Cheese Pupusa Pinto Beans Salsa or Pico de Gallo Garden Salad Carrot Sticks Fresh Fruit Canned Fruit	24 Dominos Cheese Pizza Freshly Made Turkey Ham & Cheese Sub Sandwich Caesar Salad Corn Celery Sticks Fresh Fruit Canned Fruit
27 Chicken Or Vegetable Pot Stickers with Rice Carrot Sticks Celery Sticks Garden Salad Fresh Fruit Canned Fruit	28 Breakfast for Lunch Pancakes (2), Sausage (2) & Fruit Compote Bean & Cheese Burrito Jicama Carrot Sticks Caesar Salad Fresh Fruit Canned Fruit	29 Korean Beef over Rice Coyote Grill Cheese Quesadilla Garden Salad Broccoli Celery Sticks Fresh Fruit Canned Fruit	30 Bean & Cheese Chiminada Turkey & Gravy with Mashed Potatoes & Dinner Roll Pinto Beans Pico de Gallo or Salsa Garden Salad Fresh Fruit Canned Fruit	31 Turkey Pepperoni Pizza Yogurt Parfait with freshly made Granola & String Cheese Caesar Salad Corn Carrot Sticks Fresh Fruit Canned Fruit