Jefferson Times

Alyssa Wooten, Principal Lauren Beith, Secretary Michele Vinyard, Clerk

February 29, 2016

A note from the Principal ~

Dear Jefferson Families,

This past week all of our students began working with their teachers on our Spring Program, "A Night at the Oscars." Our Spring Program is on Wednesday, March 16th. The 5th & 6th grade students will be performing at 5:00 pm and the 7th & 8th grade students at 6:30 pm. Classes have all voted on a skit, dance, or performance inspired by a hit movie. They are preparing their performance as well as props for our Spring Program. Please pencil in this exciting night on your calendars!!

Parents, please continue to reinforce good attendance habits with your child. Recently, Jefferson School has had a dip in our attendance rate. Attendance on a daily basis and arriving to school on time is extremely important. Excessive absences may result in missing work which can be difficult to make up while staying on track with current assignments, gaps in learning the material, and losing consistency to daily obligations. According to *The Parent Institute*, attendance patterns are formed early in life. Children who develop good attendance habits in the early grades will be more likely to continue them throughout their career. So, what can we all do to help form good habits?

- 1) Let your child know that you expect them to attend school every day. Explain that it is their job for them to go to school and learn. There will be ups and downs, and it's those experiences that we learn from.
- 2) Set a time for doing homework each evening and going to bed. Unfinished homework and too little sleep are common reasons why parents hear the words, "I don't feel good," on school mornings.
- 3) Be involved with the school and encourage your child to be involved with the school by attending activities and communicating with teachers and staff.

We are here to support you and your child. Please feel free to contact me at (209) 835-3053 at any time.

Sincerely,

Alyssa Wooten Principal



BASKETBALL

2/29 – 5th practice @ 1:10, 6TH practice @ 3:45 **3/01** – 5th **GAME** @ home 3:45, 6th practice @ 2:45 (cafeteria), 7th/8th **GAME** @ home 4:30 **3/02** – 6th **GAME** @ home 3:45, 7h/8th practice 2:40 (cafeteria), 5th practice 3:45 (cafeteria) **3/03** – 5th **GAME** @ home 4:30, 6th **GAME** @ home 3:45, 7th/8th practice @ 2:45 (cafeteria) **3/04** – 5th practice @ 2:45, 6th practice @ 3:45



Weekly Information ~

Monday: 2/29 ~ MINIMUM DAY

Tuesday: 3/1 ~

Wednesday: 3/2 ~ ASB MEETING, Miss Gieseke's & Mr. Fritts' *BIRTHDAY*, Read Across America, Report

Cards mailed home
Thursday: 3/3

Friday: '3/4 ~ Band @ Delta Band Festival, Magic

Club, MOVIE NIGHT 6:00pm - 9:30pm



~ WORD OF THE WEEK ~ "CITE"

Full Definition of CITE

/sīt/

verb

 quote (a passage, book, or author) as evidence for or justification of an argument or statement, especially in a scholarly work synonyms: quote, reproduce More

2. LAW

summon (someone) to appear in a court of law.
"the summons cited four of the defendants"
synonyms: summon, summons, serve with a summons, serve with a writ, subpoena "the writ cited four of the signatures"

noun

1. a citation.

The Great Valley Writing Project is excited to announce that the Jefferson School District Youth Writing Camp! The program is for 4th through 9th grade students and will be held June 13th through June 24th from 8:30am to 11:30am at Anthony Traina School for \$175.00. This summer the program will also have an optional publication week, program running from June 13th through July 1st for \$225.00. Registration information will be available soon.

| MARCH 16 | | | | |
|---|---|---|---|--|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| We will always try to have your first entrée choice available but cannot guarantee it | Hamburger Cheese Bread Sticks W/Marinara Sauce | Mini Corndogs Taco Salad | Orange Chicken & Rice Taco Nada | Dominos Pepperoni Pizza Dominos Cheese Pizza Turkey, Ham & Cheese Sandwich |
| You can purchase a carton of milk for \$.50 | 1% White milk or Non fat chocolate Choice of fruits and Vegetables | 1% White milk or Non fat chocolate Choice of fruits and Vegetables | | 1% White milk or Non fat chocolate Choice of fruits and Vegetables |
| Bean & Cheese Burrito Chicken Smackers | Cheeseburger Cheese Bread Sticks W/Marinara Sauce | Mini Corndogs Chicken Salad | Chicken Teriyaki Chicken Tenders | Dominos Pepperoni Pizza Dominos Cheese Pizza Turkey, Ham & Cheese Sandwich |
| 1% White milk or Non fat chocolate Choice of fruits and Vegetables 14 | 1% White milk or Non fat chocolate Choice of fruits and Vegetables 15 | 1% White milk or Non fat chocolate Choice of fruits and Vegetables 16 | | 1% White milk or Non fat chocolate Choice of fruits and Vegetables 18 |
| Bean & Cheese Burrito Chicken Smackers | Hamburger Cheese Bread Sticks W/Marinara Sauce | Mini Corndogs Beef Chalupas | Chicken Patty Sandwich Taco Nada | Dominos Pepperoni Pizza Dominos Cheese Pizza Turkey, Ham & Cheese Sandwich |
| 1% White milk or Non fat chocolate Choice of fruits and Vegetables | 1% White milk or Non fat chocolate Choice of fruits and Vegetables | | 1% White milk or Non fat chocolate Choice of fruits and Vegetables | 1% White milk or Non fat chocolate Choice of fruits and Vegetables |
| Bean & Cheese Burrito Chicken Smackers | Cheeseburger Cheese Bread Sticks W/Marinara Sauce | Mini Corndogs Chicken Salad | Spaghetti with Meat Sauce Chicken Nuggets | SCHOOL CLOSED |
| 1% White milk or Non fat chocolate Choice of fruits and Vegetables | 1% White milk or Non fat chocolate Choice of fruits and Vegetables | 1% White milk or Non fat chocolate Choice of fruits and Vegetables | 1% White milk or Non fat chocolate Choice of fruits and Vegetables | The state of the s |
| 28 | ring [| 30 Pecils | 31 | COST OF LUNCH IS \$2.80 REDUCED MEALS .40 |







Tracy High Freshman Sports Orientation Night

www.tracyhighsports.com

There will be an informational open house for incoming Tracy High School Freshmen who are interested in trying out for Sports for the 2016-17 season. Come and join us!

Don't miss out!

WHEN: Monday, April 18, 2016

WHERE: Tracy High School Cafeteria

TIME: 6:30 pm









volleyball





Andrade Chiropractic supports the Jefferson Band

For only \$89 you can receive an Exam, X-Ray (if needed), & Report with Dr. Andrade.

100% will go directly to the Jefferson Band Disneyland Fund.

Call to schedule your appointment today! (209) 832- 1996 2754 N. Tracy Blvd. This offer is good through March 10, 2016.

(Not valid on Medicare.)



WILL CHIROPRACTIC HELP ME?

Common signs of spinal stress which often times respond with good and sometimes extraordinary results to chiropractic care are:

- Back Pain and Disk Problems
- Neck Pain
- Whiplash from Car Accidents/Trauma
 - Asthma
- Shoulder, Arm, & Hand Problems
- Carpal Tunnel Syndrome
- Dizziness
- Numbness and Tingling in Arms or Legs
 - Stress, Tension, & Anxiety
- Menstrual Problems
- Childhood Bed Wetting
- Back or Neck Surgery Discomfort
- Headaches and Migraines
 - **Acid Reflux**
- Sciatica & Leg Pain
- Frequent Colds & III Health
- TMJ or Jaw Problems
- Fibromyalgia
- Fatigue
- Knee, Leg, or Hip Pain
- Back Pain from Pregnancy
 - Childhood Ear Infections
- Allergies & Sinuses
- Just Don't Feel Well

Call Our Office Today (209) 832-1996