# **COURSES OF STUDY**

# Grades K-6

Courses of study for grades 1 through 6 shall include the following:

- 1. English: speaking, reading, listening, spelling, handwriting, composition; knowledge and appreciation of language and literature (Education Code 51210)
- (cf. 6142.91 Reading/Language Arts Instruction)
- 2. Mathematics: concepts, operational skills, problem solving (Education Code 51210)

#### (cf. 6142.92 - Mathematics Instruction)

- 3. Social sciences: age-appropriate materials drawn from anthropology, economics, geography, history, political science, psychology and sociology, with instruction in: (Education Code 51210)
  - a. The history, resources, development and government of California and the United States, including:
    - (1) Early California history
    - (2) The role and contributions of both men and women, black Americans, American Indians, Hispanics, Asians, Pacific Island people and other ethnic groups to the economic, political and social development of California groups in contemporary society (Education Code 51204.5)

(cf. 6141.2 - Recognition of Religious Beliefs and Customs) (cf. 6141.6 - Multicultural Education)

- b. The development of the American economic system, including the role of the entrepreneur and labor
- c. The individual's relation to human and natural environments
- d. Eastern and western cultures and civilizations
- e. Contemporary issues
- f. The protection, conservation and wise use of natural resources, including the necessity for protecting the environment

#### COURSES OF STUDY (continued)

4. Science, including biological and physical sciences, with emphasis on experimental inquiry and humanity's place in ecological systems (Education Code 51210)

(cf. 6142.93 - Science Instruction)

- 5. Visual and performing arts, including art and music, with emphasis on creative expression and the development of aesthetic appreciation (Education Code 51210)
- (cf. 6142.6 Visual and Performing Arts Education)
- 6. Health: individual, family and community health principles and practices, including: (Education Code 51210)
  - a. Personal and public safety and accident prevention, with instruction in emergency first aid; hemorrhage control; treatment for poisoning; resuscitation techniques; and cardiopulmonary resuscitation when appropriate equipment is available (Education Code 51202)
  - b. Fire prevention (Education Code 51202)
  - c. Venereal disease (Education Code 51202)

(cf. 6142.1 - Family Life/Sex Education) (cf. 6142.2 - AIDS Prevention Instruction)

- d. The effects of alcohol, narcotics, drugs and tobacco upon the human body (Education Code 51203)
- (cf. 5131.6 Alcohol and Other Drugs)
  - e. Prenatal care (Education Code 51202)
  - f. Violence as a public health issue (Education Code 51202)
- 7. Physical education, with emphasis on activities conducive to health and vigor of body and mind (Education Code 51210)

(cf. 6142.7 - Physical Education)

#### 8. Career awareness exploration

(cf. 6010 - Goals and Objectives)

(cf. 6030 - Integrated Academic and Vocational Instruction)

### COURSES OF STUDY (continued)

### Grades 7-8

Courses of study for grades 7 and 8 shall include the following:

1. AIDS and AIDS prevention (Education Code 51201.5)

(cf. 6142.2 - AIDS Prevention Instruction)

- 2. Social sciences, including the study of: (Education Code 51220)
  - a. The American legal system, the operation of juvenile and adult criminal justice systems, and the rights and duties of citizens under the criminal and civil law and the state and federal constitutions
  - b. Human rights issues, with particular attention to the study of the inhumanity of genocide, slavery and the Holocaust
- 3. Science, including appropriate application of the interrelation and interdependence of the sciences (Education Code 51220)
- (cf. 6142.93 Science Instruction)
- 4. Visual and performing arts, including art, music or drama, with emphasis upon development of aesthetic appreciation and the skills of creative expression (Education Code 51220)
- (cf. 6142.6 Visual and Performing Arts Education)